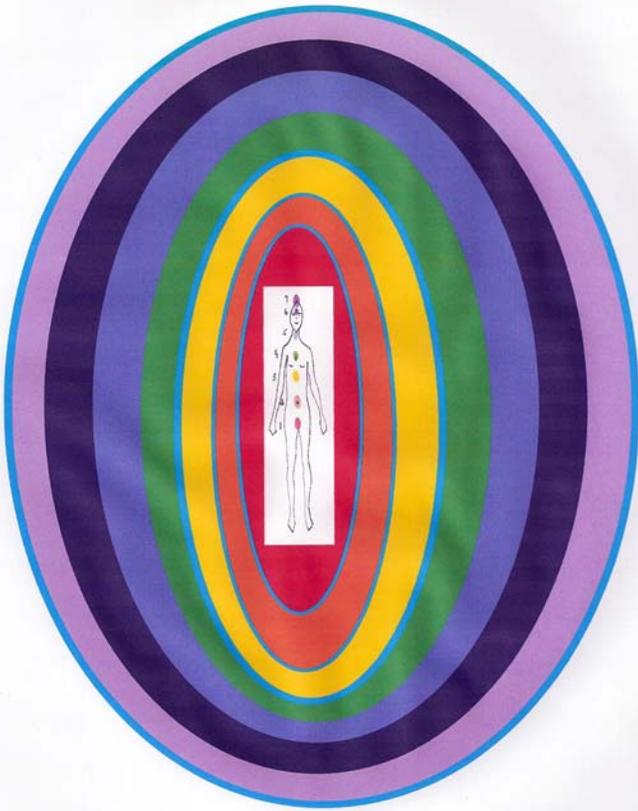


# THE SUBTLE HUMAN ENERGY FIELDS

Every human body is surrounded by energy fields, called the subtle anatomy, the aura, or the electromagnetic field. This aura of energy fields is composed of 7 major layers, which interpenetrate each other. Although shown below as unique & individual layers, they can in fact mesh with each other, more often like a grid, a fluid force field or a patchwork quilt. The energy fields are represented below in colors, for ease of analysis; the auras are not in actuality the specific colors noted below. The first 3 layers closest to the physical body metabolize energies and are most closely related to the physical world. The fourth layer, similar to the fourth chakra, is the bridge through which the higher layers of energy must pass and be transformed into the lower physical energies. Each layer cascades down, impacting the layer(s) below it. The density and width of each layer will vary by individual & model, and will fluctuate. Some models do associate each layer with each chakra and its relative function.



**1<sup>st</sup> layer (Red) = Etheric Body**, is the closest layer to the physical body, is the blueprint for the physical body & is an energetic form which underlies and energizes all aspects of the physical body. It contains a structure, like an energy matrix, or holographic energy template, which shapes and anchors the physical body. The outline of the physical body is incorporated into this layer. The physical body cannot exist without this layer. The etheric body is connected to the physical body through the chakras and meridians, which are contained in this layer. Extends one quarter to 2 inches from the body, or up to 1 foot, and pulsates 15-20 cycles per minute.

**2<sup>nd</sup> layer (Orange) = Astral Body, or Emotional Body**, is the second layer out from the physical body. It is generally associated with feelings, desires and emotions; it is the seat of human emotions. The structure of this body is more fluid, and it does not duplicate the physical body. The color & clarity of this layer shifts depending on the emotions being expressed. It is composed of matter of energetic frequencies beyond the normal human perceptual range, & contains its own astral chakras. Extends 1 to 3 inches from the body, or up to 1- 2 ft from body.

**3<sup>rd</sup> layer (Yellow) = Lower Mental Body**, is the third layer out from the body. This body is a structured entity associated with thoughts and processes which are in constant motion; concerned with the creation and transmission of concrete thoughts & ideas. Every thought that we have has a structure. Every thought creates a form or shape, which attracts other thoughts, amplifying the original thought, either positively or negatively. This field expands & brightens with mental activity. It is composed of matter made up higher frequencies than the astral body. This body is the vehicle through which the self manifests and expresses intellect. This layer has chakras which surround and enfold the chakras of the lower bodies. Extends 3 -8 inches from the body or up to 2-3 feet.

**4<sup>th</sup> layer (Green) = Higher Mental Body**, is the fourth layer out from the body. This layer is also sometimes referred to as the Astral Body or Causal Body. At this layer we experience our intuition, abstract ideas and concepts. We deal with the essence & nature of the thing in question. Relationships and interactions take place on this layer. Extends one half to one foot from the body

**5<sup>th</sup> layer (Blue) = Causal Body**, is the fifth layer out from the body. This is also called the Etheric Template Body, as it contains all the forms that exist on the physical plane in a template form, like a negative of a photo; it is the blueprint for the etheric layer. This layer contains the record of all our previous lives, and the purpose for this life. Extends 1 & half to 2 feet from the body, or if combined Spiritual Body, 3 feet up to 5 feet from the body.

**6<sup>th</sup> layer (Indigo) = Spiritual Body**, is the sixth layer out from the body. This is also called the Celestial Body; it is the emotional level of the spiritual plane. Unconditional love and our connection with the universe are held within this layer. Extends 2 to 3 feet from the body.

**7<sup>th</sup> layer (Purple) = Ketheric Template or Causal Body**, is the seventh layer out from the body. It is the most outer layer of our aura and represents our true self. It is the mental level of the spiritual plane. We are at one with the universe at this layer. Extends 2 & half to 3 & half feet from the body

**Some models simplify the layers into 4: physical, emotional, mental & spiritual. Other models combine the 6<sup>th</sup> & 7<sup>th</sup> and call the actual physical body the 1<sup>st</sup> layer, or they combine either the 4<sup>th</sup>, 5<sup>th</sup>, 6<sup>th</sup> & 7<sup>th</sup> layers, or the 5<sup>th</sup>, 6<sup>th</sup> & 7<sup>th</sup> layers into one, called the Causal or Spiritual Body; still others assign subparts, similar to the above layers, to this Spiritual Body. Some models have additional cosmic plane bodies above the 7<sup>th</sup> auric layer, with further higher connection to the Universe and Soul.**